

Autism Hub

making a difference

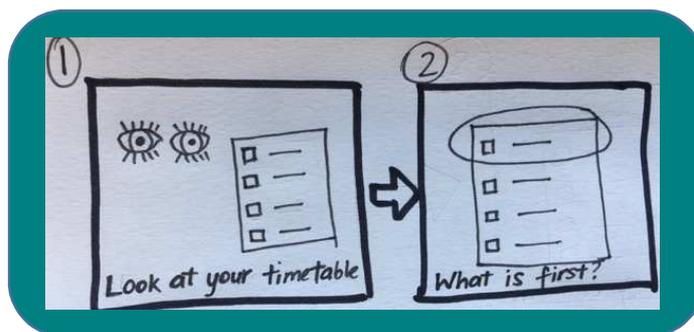
Presenting tasks

Start by considering how your child learns best, for example, are they a better listener, reader (words or pictures) or doer? Using this information, consider how you can introduce and explain a task, through: words, pictures, actions or maybe by doing all three.

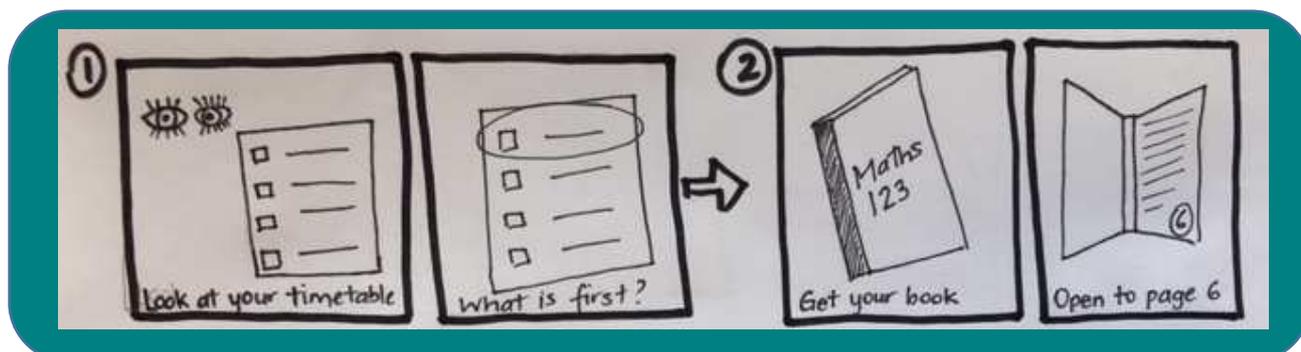


Tasks and worksheets

Break instructions into steps: try giving information one-step at a time only moving to the next step when you are sure the first step has been done or understood.



Try providing instructions in chunks: this means giving a few steps at once and then time to complete these before moving on.



You could provide a whole task or worksheet with some prompts: these might be to assist children to keep going, take a break, or to ask for help when they get stuck. Examples of prompts could be post it notes, recordings of instructions, visual or verbal reminders.



Across tasks and subjects

- Some children will also need different levels of support across different tasks and subjects.
- Present instructions or information in the amount that your child can be successful with.
- For all the steps above consider using visual and technology supports to help with understanding, motivation and completion.

Remember to go slow and steady, be prepared for mistakes, maybe even confusion and that practice and patience will be important.

